

## **Club 55 Senior Center**

By Carol Burrows Club 55 Senior Center Correspondent

The saying that it is the 'little things in life' that bring us such pleasure and fulfillment certainly proved true last week at Club 55 Senior Center. A couple of months ago we received a call from Amy, representing Modern Woodmen of America, saying that they were hoping to donate some games to our Senior Center. Their organization wanted to give back to their communities and felt that donating games to a Senior Center would provide activities that may help brain health. It coordinated so perfectly with our Fort HealthCare class of Boost your Brain & Memory. Amy delivered a box of games last week and we were amazed at the amount and variety of what they had chosen for us.

I realized that another part of this for me is the understanding that Lake Mills has a Senior Center where residents can gather like other communities in our area. It was in 2016 that the Lake Mills City Council took action to explore a facility for use as a gathering space for older adults. An Ad Hoc Committee was formed and prioritized a multi-use facility for multi-generations as their focus. We have come a long way toward our goal and when we were recognized as an established Center, I admit it made me a bit emotional. Yup, it's the little steps toward our goal that fill our days with sunshine!

As I was in the process of writing this newsletter I received another day-brightener that involves our Club 55 Rummage Sale being held on May 6 and 7. Some of you were the lucky recipients of the beautiful wreaths that Lenore donated to Club 55 when we were still at the Church. She has been busy making more and is donating them for sale with all profits to benefit the Senior Center. Make sure you stop in to see them. You may drop off all your donations for the rummage sale at RLAC or at the Rec Dept. office which is now located at 322 North Main Street.

Now that April has rolled in make sure that you check the Club 55 Calendar at <https://www.lakemills.k12.us/recreation/calendar-of-events-club55-cfm>

There are new additions including movie afternoons on Mondays, April 11 and 25 at 1:30. It is a great way to relax and enjoy a movie and popcorn and the best part is that it is all free!

One of the traditions at Club 55 is to celebrate Brewers Opening Day in Milwaukee. The first home game is Thursday, April 14 at American Family Field against the St. Louis Cardinals. The game does not start until 4:14pm, but we will host our hot dog lunch so wear your Brewers gear and join us for a complimentary lunch at 12:00 of hot dogs, chips, pickles, beans, a beverage and dessert.

Good news for those of you that have been stacking up paper for shredding. The Bank of Lake Mills (BLM) is holding a Shred Day on Saturday, May 21 in their parking lot from 12:30-2:30. There is a limit of 2 boxes...approx. size...12x16x10.

You are also invited to come in and get the latest information on recycling on Wednesday, April 20 at 12:30 pm. Caitlin McAleavey is the Solid Waste Specialist and Clean Sweep Coordinator for Jefferson County and will give a short presentation on how recycling is handled, the basics of what is and isn't recyclable, and answer your questions.

Connected with the recycling will be a Drug Take Back opportunity to safely dispose of your unused and expired medicines. It also includes cough medicine, patches, ointments and liquids, inhalers and pet medications. They cannot accept illegal drugs, needled/sharps, thermometers, or Epi-pens.

Thank you for bringing in your items for the city-wide rummage sale being held on May 6&7. This is a fund raiser for Club 55 and we are accepting household items, gently used clothing of all sizes, yard art, garden needs, and just about anything else you may discover when you do your spring cleaning. We are not accepting furniture or appliances. Drop your items off for us at Club 55 located in the Rock Lake Activity Center, 229 Fremont Street, or at the Rec. Dept. now located at 322 North Main Street.

The Bia meal for Wednesday, April 13 is Hawaiian Pork (prepared with teriyaki and pineapple), broccoli, slaw, dessert. Orders must be in by Friday, April 8 for pick up on Wednesday, April 13. Each meal is \$12 with tax included and is delivered to Club 55 ready to reheat at 2:30 on Wednesday.

Bia is also offering an Easter Dinner! A fully cooked, ready to pick up and reheat meal to make your Easter weekend easier. This is a pre-order, pickup, take home and reheat meal available on Saturday, April 16. \$22 plus tax per person includes all you need for yourself or guests so you can spend time with family and loved ones. Check out Bia Food Company on facebook or your search engine for all the information and complete menu. You may order for one or many. Believe me...it is worth searching for the online photo and explanation of this menu!

The April Calendar for Club 55 Senior Center is up on the Rec. Dept. website. Come in and enjoy spending time with others while playing cards, socializing, playing board games, playing pickle ball, cardio drumming, enjoying bingo, making creative greeting cards, exercising, or just hanging out with friends...Club 55 is the place to be! We are open from 10-3 Monday-Thursday.

Daydream Believers Books and Gifts (downtown where Ephraim Pottery was located) is offering a free book reading and signing by local author Dr. Patrick McBride on Monday, April 18 at 6pm.